

亞洲大學 長期照護學系 學士班課程規劃表 (115 學年度入學適用)

Undergraduate Curriculum Plan for Department of Long-term Care, Asia University

(Applicable for Fall 2025 Enrollees)

畢業總學分：128 學分

校課程委員會通過次別：1143

Credits of Graduation：128

Approved in the 1143 University Curriculum Committee meeting

類別 Category	科目名稱 Course Title		英文名稱 English Title	修課 年級 Year of the Program	修課 學期 Semester	學分 數 Credits	每週上課時數 Hours per week			備註(中文) Remarks (in Chinese)	備註(英文) Remarks (in English)
							講授 Lecture	實作 (驗) Practice (laboratory)	實習 Intern		
(30) University Required Credits 校定必修30學分	(20) Program Required Credits 基礎通識20學分	中文領域 Chinese Category (4 學分) (4 Credits)	中文鑑賞與思辨	一 1 st	上 1 st	2	2	0	0		
			中文表達與應用	一 1 st	下 2 nd	2	2	0	0		
		英文領域 English Category (8 學分) (8 Credits)	學術英語文(一)	一 1 st	上 1 st	2	2	0	0		
			學術英語文(二)	一 1 st	下 2 nd	2	2	0	0		
			專業英語文(一): 醫護英文	二 2 nd	上 1 st	2	2	0	0	醫學暨健康學院 護理學院	College of Medical and Health Sciences College of Nursing
			專業英語文(二): 醫護英文	二 2 nd	下 2 nd	2	2	0	0		

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						講授 Lecture	實作 (驗) Practice (laboratory)	實習 Intern		
		Nursing Purposes								
	專業英語文(一): 科技英文	English for Specific Purposes (1): English for Science and Technology	二 2 nd	上 1 st	2	2	0	0	資訊電機學院	College of Information and Electrical Engineering
	專業英語文(二): 科技英文	English for Specific Purposes (2): English for Science and Technology	二 2 nd	下 2 nd	2	2	0	0		
	專業英語文(一): 商管英文	English for Specific Purposes (1): Business English	二 2 nd	上 1 st	2	2	0	0	管理學院	College of Management
	專業英語文(二): 商管英文	English for Specific Purposes (2): Business English	二 2 nd	下 2 nd	2	2	0	0		
	專業英語文(一): 設計英文	English for Specific Purposes (1): English for Creative Design	二 2 nd	上 1 st	2	2	0	0	創意設計學院	College of Creative Design
	專業英語文(二): 設計英文	English for Specific Purposes (2): English for Creative Design	二 2 nd	下 2 nd	2	2	0	0		
	程式領域 Information Category (4 學分) (4 Credits)	人工智慧與數位 素養 AI and Digital Literacy	一 1 st	上、下 1 st , 2 nd	2	2	0	0		

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							講授 Lecture	實作 (驗) Practic e (laborat ory)	實習 Intern		
	歷史領域 History Category (2 學分) (2 Credits)	歷史與文化	History and Culture	一 1 st	上、下 1 st , 2 nd	2	2	0	0		
	藝術領域 Esthetics Category (2 學分) (2 Credits)	設計思考與創新	Design Thinking and Innovation	一 1 st	上、下 1 st , 2 nd	2	2	0	0	(二選一)	Choose 1 out of 2.
		美學素養	Esthetics Accomplishment								
	永續領域 Sustainable Category (2 學分) (2 Credits)	永續發展與實踐	Sustainable Development and Practice	一 1 st	上、下 1 st , 2 nd	2	2	0	0		

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						講授 Lecture	實作 (驗) Practice (laboratory)	實習 Intern		
(8~10) Program Elective Credits	博雅課程 (人文類、社會類、自然類、生活類)	General Required (Core) Courses (Categories: Humanities, Society, Nature, Life)	一~四 1 st ~ 4 th	上、下 1 st , 2 nd	8~10	8~10	0	0	1. 博雅課程分為四類： (1) 人文類-1 (2) 社會類-2 (3) 自然類-3 (4) 生活類-4 2. 2. 每一類至少須選修2學分(共四類8學分)，另外2學分可採下列方式修習。 (1) 選修他系探索課程。 (2) 在博雅四類中任選一類修習。 (3) 修習通識微學分課程，或通識認可之自主學習課程認抵之。	1. General Required (Core) Courses are divided into 4 categories: (1) Humanities, (2) Society, (3) Nature, (4) Life. 2. Students are required to complete a minimum of 2 credits of course from each category (8 credits in total for 4 categories). The other 2 credits can be obtained through the following options: (1) Take exploratory courses of other departments. (2) Take any one of the 4 categories of general required (core) courses. (3) Waiver the credits by taking general microcredit course, or self-learning course approved by Center for General Education.

類別 Category	科目名稱 Course Title	英文名稱 English Title	修課 年級 Year of the Progra m	修課 學期 Semest er	學分 數 Credits	每週上課時數 Hours per week			備註(中文) Remarks (in Chinese)	備註(英文) Remarks (in English)	
						講授 Lecture	實作 (驗) Practic e (laborat ory)	實習 Intern			
	(0~2) Exploratory Credits 探索 0~2 學分	跨域探索課程	Exploratory Courses of Other Departments	一~四 1st ~4th	上、下 1st , 2nd	0~2	0~2	0	0	1.不修此類課程者，博雅通識課程需修滿 10 學分。 2.選修此類課程者，至多 2 學分，博雅通識課程需修滿 8 學分。	1. Students who do not take such courses are required to complete 10 credits of general liberal arts courses. 2. Students who take such courses are required to complete a maximum of 2 credits of the courses and 8 credits of general liberal arts courses.
	Physical Program 體育	體育(一)~(四)	Physical Education (1)~(4)	一~二 1 st ~2 nd	上、下 1 st , 2 nd	0	2	0	0		
Cultivation Education 涵養教育	General Lectures (Required) 通識講座	通識涵養教育 (健康、關懷、創新、卓越)	General Literacy Series (Domains of Literacy: Healthy, Care, Innovation, Excellence)	一~四 1 st ~ 4 th	上、下 1 st , 2 nd	0	0	0	0	1.在學期間，學生可自由參與校內任何通識認證活動，不限場次。至少參與 8 次。 2.每一素養至少達到 2 次： 健康 2 次、關懷 2 次、創新 2 次、卓越 2 次。 3.畢業前須完成前 2 項。	1. Students are required to participate in at least 8 campus activities approved by the Center for General Education. 2. Students are required to attend at least 2 lectures from the 4 domains of Literacy: Healthy, Care, Innovation, Excellence. 3. Student must complete the above for graduation.

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						講授 Lecture	實作(驗) Practice (laboratory)	實習 Intern		
(14)College Core Courses 院核心課程 14 學分	普通心理學	General Psychology	一 1 st	上 1 st	2	2	0	0	1.研究型課程。 2.認列公衛師學程： 社會行為科學領域課程	1. Research Courses 2. Certified Public Health Practitioner Program: Courses in Social and Behavioral Sciences
	解剖學	Anatomy	一 1 st	上 1 st	2	2	0	0	實務型課程	Practical Courses
	人類發展學及實作	Human Development and Nursing Skills	一 1 st	下 2 nd	2	2	1	0	實務型課程	Practical Courses
	生理學	Physiology	一 1 st	下 2 nd	3	3	0	0	實務型課程	Practical Courses
	藥理學	Pharmacology	二 2 nd	上 1 st	3	3	0	0	實務型課程	Practical Courses
	多模態 AI 與健康照護	Applications of Multimodal AI in Healthcare	二 2 nd	上 1 st	2	2	0	0	實務型課程	Practical Courses
(35) Departmental Core Courses 系核心課程 35 學分	解剖學實驗	Laboratory of Anatomy	一 1 st	上 1 st	1	0	2	0	實務型課程	Practical Courses
	照顧服務概論	Introduction to Care Service	一 1 st	上 1 st	2	2	0	0	實務型課程	Practical Courses

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						講授 Lecture	實作(驗) Practice (laboratory)	實習 Intern		
	老人學	Gerontology	一 1 st	下 2 nd	2	2	0	0	實務型課程	Practical Courses
	老人社會福利	Social Welfare for the Elderly	一 1 st	下 2 nd	2	2	0	0	實務型課程	Practical Courses
	基本照護實務與實作	Basic Care Skills	二 2 nd	上 1 st	3	2	2	0	實務型課程	Practical Courses
	高齡周全性健康評估及實作	Comprehensive Health Assessment for the Elderly	二 2 nd	上 1 st	3	2	2	0	實務型課程	Practical Courses
	基本照護實務實習	Practicum in Basic Care	二 2 nd	下 2 nd	2	0	0	4	實務型課程	Practical Courses
	長期照護政策	Long-Term Care Policy	二 2 nd	下 2 nd	2	2	0	0	1. 實務型課程 2. 認列公衛師學程： 衛生政策與管理領域課程。	1. Practical Courses 2. Certified Public Health Practitioner Program: Courses in Health Policy and Management
	個案管理與照護計畫	Case Management and Care Plans	三 3 rd	上 1 st	2	2	0	0	實務型課程	Practical Courses
	社區長期照護	Community-based Long-term Care	三 3 rd	上 1 st	2	2	0	0	實務型課程	Practical Courses
	社區長期照護實習	Practicum in Community-based Long-Term Care	三 3 rd	上 1 st	3	0	0	8	實務型課程	Practical Courses

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						講授 Lecture	實作(驗) Practice (laborator y)	實習 Intern		
	居家長期照護	Home-based Long-term Care	三 3 rd	下 2 nd	2	2	0	0	實務型課程	Practical Courses
	居家長期照護實習	Practicum in Home-based Long-term Care	三 3 rd	下 2 nd	2	0	0	5	實務型課程	Practical Courses
	失智症照護	Dementia Care	三 3 rd	下 2 nd	2	2	0	0	實務型課程	Practical Courses
	機構長期照護	Institutional Long-Term Care	四 4 th	上 1 st	2	2	0	0	實務型課程	Practical Courses
	機構長期照護實習	Practicum in Institutional Long-Term Care	四 4 th	上 1 st	3	0	0	8	實務型課程	Practical Courses
(00) Department Professional Program	(16) Program in Senior Health Promotion and Management 銀髮健康促進管理學程 16 學分 系專業選修學程 16 學分	健康照護體系與管理	一 1 st	上 1 st	2	2	0	0	1. 實務型課程 2. 認列公衛師學程： 衛生政策與管理領域課程。	1. Practical Courses 2. Certified Public Health Practitioner Program: Courses in Health Policy and Management
		家庭動力學	一 1 st	下 2 nd	2	2	0	0	實務型課程	Practical Courses
		關懷與溝通	二 2 nd	上 1 st	2	2	0	0	實務型課程	Practical Courses

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						講授 Lecture	實作(驗) Practice (laboratory)	實習 Intern		
	健康促進與衛生教育	Health Promotion and Health Education	二 2 nd	下 2 nd	2	2	0	0	1. 研究型課程。 2. 認列公衛師學程： 社會行為科學領域課程	1. Research Courses 2. Certified Public Health Practitioner Program: Courses in Social and Behavioral Sciences
	老人營養與膳食	Nutrition and Diet for the Elderly	二 2 nd	下 2 nd	2	2	0	0	實務型課程	Practical Courses
	傳染病防治	Infectious Disease Prevention and Control	二 2 nd	下 2 nd	2	2	0	0	1. 實務型課程 2. 認列公衛師學程： 流行病學領域課程。	1. Practical Courses 2. Certified Public Health Practitioner Program: Courses in Epidemiology
	高齡體適能與活動設計	Physical Fitness and Activity Design for the Elderly	三 3 rd	上 1 st	2	2	0	0	實務型課程	Practical Courses
	輔助療法於長期照護之應用	Application of Complementary Therapies in Long-Term Care	三 3 rd	下 2 nd	2	2	0	0	實務型課程	Practical Courses

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						講授 Lecture	實作(驗) Practice (laborator y)	實習 Intern		
(16) Program in Long-Term Care Innovation and Entrepreneurship 長照創新創業學程 16 學分	行銷管理學	Marketing and Management	二 2 nd	下 2 nd	2	2	0	0	實務型課程	Practical Courses
	方案設計與計畫撰寫	Program Design and Proposal Writing	二 2 nd	下 2 nd	2	2	0	0	實務型課程	Practical Courses
	老人福祉科技概論	Introduction to Gerontechnology	三 3 rd	上 1 st	2	2	0	0	實務型課程	Practical Courses
	長期照顧機構經營與管理	Management of Long-Term Care Facilities	三 3 rd	下 2 nd	2	2	0	0	實務型課程	Practical Courses
	長期照護品質管理與實務	Quality Management and Practice in Long-term Care	三 3 rd	下 2 nd	2	2	0	0	1. 實務型課程 2. 認列公衛師學程： 衛生政策與管理領域課程	1. Practical Courses 2. Certified Public Health Practitioner Program: Courses in Health Policy and Management
	創業研究導論	Introduction to Entrepreneurship Research	四 4 th	上 1 st	2	2	0	0	研究型課程	Research Courses
	長照創業專題(一)	Entrepreneurship Topics in Long-Term Care (1)	四 4 th	上 1 st	2	2	0	0	實務型課程	Practical Courses
	長照創業專題(二)	Entrepreneurship Topics in Long-Term Care (2)	四 4 th	下 2 nd	2	2	0	0	實務型課程	Practical Courses

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						講授 Lecture	實作(驗) Practice (laboratory)	實習 Intern		
(36 Department Elective Courses 系自由選修課程 36 學分)	照顧的力量： 走進長照的第一堂課	The Power of Care: Your First Step into Long-Term Care	一 1 st	上 1 st	1	1	0	0	實務型課程	Practical Courses
	公共衛生概論	Introduction to Public Health	一 1 st	上 1 st	2	2	0	0	1. 實務型課程 2. 認列公衛師學程： 公共衛生綜論領域課程	1. Practical Courses 2. Certified Public Health Practitioner Program: General Courses in Public Health
	長照台語	Taiwanese for Long-term Care	一 1 st	下 2 nd	2	2	0	0	實務型課程	Practical Courses
	身心障礙概論	Introduction to Disability	一 1 st	下 2 nd	2	2	0	0	實務型課程	Practical Courses
	傳統醫學與長期照護	Traditional Medicine and Long-Term Care	一 1 st	下 2 nd	2	2	0	0	實務型課程	Practical Courses
	環境與職業衛生	Environmental and Occupational Health	二 2 nd	上 1 st	2	2	0	0	1. 實務型課程 2. 認列公衛師學程： 環境與職業衛生領域課程	1. Practical Courses 2. Certified Public Health Practitioner Program: Courses in Environmental and Occupational Health

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						講授 Lecture	實作(驗) Practice (laboratory)	實習 Intern		
	長期照護之統計分析	Statistical Analysis in Long-Term Care	二 2 nd	上 1 st	3	3	0	0	1. 研究型課程 2. 認列公衛師學程： 生物統計學領域課程	1. Research Courses 2. Certified Public Health Practitioner Program: Courses in Biostatistics
	失能照護概論	Introduction to Disability Care	二 2nd	上 1st	2	2	0	0	實務型課程	Practical Courses
	生命倫理與法律	Bioethics and Law	二 2 nd	下 2 nd	2	2	0	0	1. 實務型課程 2. 認列公衛師學程： 公共衛生綜論領域課程	1. Practical Courses 2. Certified Public Health Practitioner Program: General Courses in Public Health
	長期照顧輔具服務	Assistive Device Service in Long-Term Care	三 3 rd	上 1 st	2	2	0	0	實務型課程	Practical Courses
	出院準備服務計畫	Discharge Preparation Service Plan	三 3 rd	上 1 st	2	2	0	0	實務型課程	Practical Courses
	生成式 AI 創新照顧	Innovative Care with Generative AI	三 3 rd	上 1 st	2	2	0	0	實務型課程	Practical Courses
	銀髮復能	Reablement for the Elderly	三 3 rd	上 1 st	2	2	0	0	實務型課程	Practical Courses
	長照韌性與賦能	Long-term care resilience and empowerment	三 3 rd	下 2 nd	2	2	0	0	實務型課程	Practical Courses

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						講授 Lecture	實作(驗) Practice (laboratory)	實習 Intern		
	臨終關懷與安寧緩和療護	Hospice and Palliative Care	四 4 th	上 1 st	2	2	0	0	實務型課程	Practical Courses
	國際長照實習	International Long-Term Care Internship	四 4 th	上 1 st	2	0	0	5	實務型課程	Practical Courses
	流行病學	Epidemiology	四 4 th	上 1 st	2	2	0	0	1. 實務型課程 2. 認列公衛師學程： 流行病學領域課程。	1. Practical Courses 2. Certified Public Health Practitioner Program: Courses in Epidemiology
	長照就業選習	Internship for Long-term Employment	四 4 th	下 2 nd	4	0	0	10	實務型課程	Practical Courses

備註：

Remarks：

註一：「通識涵養教育」為通識教育必修，大學日間部須於在學期間至少參與8次(符合健康力2次、關懷力2次、創新力2次及卓越力2次)，並完成學習成效評估，成績以P/F(通過/不通過)計分，通過者以1學分計；惟不納入通識選修及最低畢業學分。

Note 1: "General Lectures (Required)" is a mandatory general education requirement. Daytime undergraduate students must participate in at least 8 sessions during their study period (2 sessions each in Healthy, Care, Innovation, and Excellence) and complete a learning outcome assessment. The grade is recorded as P/F (Pass/Fail), and those who pass will be awarded 1 credit; however, this credit is not counted towards elective general education credits or the minimum graduation credits.

註二：1.基本照護實務實習不及格者，不得修習居家長期照護實習、社區長期照護實習、機構長期照護實習、長照就業選習等課程。

2.基本照護實務與實作課程不及格者，不得修習基本照護實務實習；社區長期照護課程不及格者，不得修習社區長期照護實習；機構長期照護課程不及格者，不得修習機構長期照護實習。

Note 2:1. Students who fail Fundamentals of Practicum in Basic Care are not permitted to enroll in Practicum in Home Care、Practicum in Community

Long-Term Care 、Practicum in Institutional Long-Term Care 、Internship for Long-term Employment.

2. Students who fail Fundamentals of Basic Care Skills are not permitted to enroll in ; Students who fail Fundamentals of Community Long-Term Care are not permitted to enroll in Practicum in Community Long-Term Care ; Students who fail Fundamentals of Institutional Long-Term Care are not permitted to enroll in Practicum in Institutional Long-Term Care.

註三：學生含通識課程應修畢128學分(含)以上始能畢業，其中含通識課程(必修語文課程、核心通識及通識選修)30學分，院核心課程12學分、系核心課程35學分(包含實習時數)，系專業選修學程16學分。學生畢業須修畢系專業選修學程「銀髮健康促進管理學程」、「長照創新創業學程」，校級跨領域學分學程「長期照護人工智慧應用學程」以上任二學程。系自由選修課程學分僅認列本學系課程規劃表所列「系自由選修課程」、「系專業選修學程」、「校級跨領域學程」及「院所屬之學系開設之均質化課程」之學分。

Note 3: Students must complete a minimum of 128 credits to graduate, including general education courses. These must include 30 credits in general education (required language courses, core general education courses, and elective general education courses), 12 credits in college core courses, 36 credits in departmental core courses (including internship hours), and 16 credits in departmental professional programs. For graduation, students must complete at least two of the following programs: the "Silver Hair Health Promotion Management Program," the "Long-Term Care Innovation and Entrepreneurship Program," or the university-level "Artificial Intelligence Application in Long-Term Care Program." Credits for departmental free electives are recognized only if they are earned from courses listed under "Department Free Electives," "Department Professional Programs," "University-Level Interdisciplinary Programs," or "Homogenized Courses Offered by the College Departments" in the department's curriculum plan.

註四：本學系學生除需依上述課程規劃表修業課程外，乃需通過學校規定之中文、英文、資訊能力之門檻，方可畢業。

Note 4: In addition to completing the required courses listed in the curriculum, students must also meet the university's graduation requirements in Chinese, English, and information literacy in order to graduate.

註五：若欲取得所有公共衛生師學程認列課程，則須修畢課程規劃表「備註欄位」之公衛師認列課程。

Note 5: To obtain all recognized courses for the Public Health Professional program, students must complete the courses listed under the " Public Health Program " section in the curriculum's remarks column.

註六：學生加修「雙主修」或「輔系」，除本系畢業總學分外，應依「雙主修」課程規劃外加修畢至少四十學分，如加修「輔系」應依課程規劃外加修畢至少二十學分。另，如修畢「雙主修」或「輔系」亦可納入「跨域學習」畢業資格選項（所稱「跨域學習」選項計有「雙主修」、「輔系」、「跨領域學程」、「跨系專長學程」或「次專長」）。

Note 6: Students who add a "Dual Major" or "Minor" should complete an additional 40 credits in accordance with the "Dual Major" program plan in addition to the total number of credits for graduation from the department; students who add a "Minor" should complete an additional 20 credits in accordance with the program plan. In addition, completion of the "Dual Major " or "Minor " may also be included in the "Interdisciplinary Studies "graduation credits (the "Interdisciplinary Studies " credits include "Dual Major ", "Minor, ", "Interdisciplinary Program ", "Other Departmental Specialization " or "Sub-Specialization ")

系所主管簽章：

Signature of Department Chair:

學院院長簽章：

Signature of College Dean:

